



BLOSSOM VALLEY THERAPY CENTRE – OCCUPATIONAL THERAPY CENTRE

The **Occupational Therapy Center** at Blossom Valley is designed to support children and adults who face challenges performing everyday tasks. Whether due to developmental delays, motor coordination issues, sensory processing difficulties, or physical disabilities, our therapists provide tailored, evidence-based interventions that enhance independence, improve quality of life, and build confidence.

Personalized Treatment Plans: Each individual receives a custom program with SMART goals (Specific, Measurable, Achievable, Relevant, Time-bound), focusing on fine and gross motor skill development, sensory integration, and activities of daily living such as dressing, eating, grooming, and handwriting.

Comprehensive Evaluations & Multi-Modal Therapy: We use a mix of standardized and non-standardized assessments, clinical observation, and input from parents and educators. Our therapy employs sensory integration, play-based techniques, motor skill exercises, cognitive training, and oral-motor support

At the **Occupational Therapy Centre**, Blossom Valley emphasizes early intervention, believing the earlier support begins the more profound the impact. Our safe and nurturing environment allows clients to engage in therapy with comfort and trust.

<https://blossomvalleytherapycentre.com/occupational-therapy-centre/>