



# Helping Kids Move with Confidence

Gentle, goal-oriented care designed  
to support your child's physical  
development.

GRANVILLE PHYSIOTHERAPY



# Building Strength Through Playful Movement

At Granville Physiotherapy, we empower children to reach their developmental milestones through playful, purposeful movement. Our pediatric physiotherapy sessions are designed to build strength, improve coordination, and boost confidence in a supportive environment. Each therapy plan is tailored to meet your child's unique needs and growth journey.



**GRANVILLE  
PHYSIOTHERAPY**

Relief . Restore . Recover



# Empowering Movement for Growing Bodies

Our pediatric physiotherapy approach includes fun, engaging exercises that help strengthen growing muscles and improve flexibility. Through personalized activities, we address developmental delays, injuries, or movement challenges—encouraging kids to move with ease and confidence in a caring, supportive environment.

# Helping Children Move With Comfort and Confidence

Pediatric physiotherapy at Granville Physiotherapy is designed to support children as they explore movement and build everyday skills. Through guided exercises and interactive activities, children are encouraged to move in ways that feel natural, safe, and enjoyable. Sessions are thoughtfully planned to meet the needs of each child, with a focus on developing physical confidence in a supportive space.



- **Encourages movement through gentle activities**
- **May support physical development milestones**
- **Aims to improve mobility, coordination & balance**
- **Designed to suit a wide range of needs and abilities**
- **Delivered in a calm and engaging environment**



# Supporting Growth Through Movement

---

Movement plays an important role in a child's physical and emotional development. At Granville Physiotherapy, our approach is guided by each child's unique needs. Therapy may involve activities that encourage balance, coordination, and body awareness in a playful, low-pressure setting.

[Book a Physio Session](#) ▶



# **GRANVILLE PHYSIOTHERAPY**

Relief . Restore . Recover

## CONTACT US



15874002011



[info@granvillephysiotherapy.ca](mailto:info@granvillephysiotherapy.ca)



[www.granvillephysiotherapy.ca](http://www.granvillephysiotherapy.ca)